LOUISIANA STATISTICS¹

- In 2009, 54.6% of Louisiana students went to a doctor or nurse at least once in the past year for a check-up or physical exam when not sick or injured (Figure 1).
- 51.3% of Louisiana students said that their physical health was not good at least one day in the past month (Figure 2).
- Both visits to a doctor/nurse and illness in the past month were higher for female students than male students (Figures 1 & 2).

¹ Data reported here did not have comparable questions in 2008 for Louisiana or Nationally.
**MENTAL HEALTH NOT GOOD ON AT LEAST 1 DAY**

» In 2009, 52.1% of Louisiana students said that their mental health was not good at least one day in the past 30 days (Figure 3).

**FIGURE 3**

**HAVE AN ADULT AT SCHOOL TO TALK TO**

» 63.8% of Louisiana students stated that there was at least one teacher or other adult at school that they could talk to if they had a problem (Figure 4). The percentages were similar between gender and race groups. A greater percent of students in the higher grades had someone to talk to compared with lower grades; however all were high (60% to 70.8%).

**FIGURE 4**

**RESISTING NEGATIVE PEER PRESSURE**

83.5% of Louisiana students say they agree that you can resist negative peer pressure and dangerous situations (Figure 5).

» The percentages were similar between gender and race groups.

» A greater percent of students in the higher grades said they could resist peer pressure/dangerous situations compared with lower grades; however all were high (78.5% to 89.0%).

**FIGURE 5**

For more information on the Youth Risk Behavior Survey, go to [http://www.cdc.gov/HealthyYouth/yrbs/index.htm](http://www.cdc.gov/HealthyYouth/yrbs/index.htm).
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