

ADAPTABLE: The Aspirin Study



THE QUESTION

Doctors often prescribe aspirin to prevent strokes and heart attacks in people living with heart disease. Research has yet to determine the best dose to use, since aspirin can cause side effects in some people.

THE PROBLEM



Heart disease is the No. 1 killer in the U.S.

611,000

people died of heart disease in 2013.



Aspirin is widely prescribed to prevent heart attacks and strokes in people living with heart disease.

60%

of patients with heart disease take a 325 mg dose each day, while 36% take 81 mg (baby aspirin).

THE STUDY

The ADAPTABLE trial will compare two common aspirin doses.



325 mg



81 mg

The study will include 20,000 patients across the U.S.

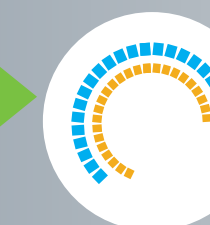
ANSWERS
for
BETTER
CARE

Results of this study will help patients and their caregivers answer questions like:

- ▶ How much aspirin should I take each day to reduce my risk of another heart attack or stroke?
- ▶ Do the benefits of taking aspirin every day differ based on the dose?
- ▶ Do the risks differ based on the dose?
- ▶ Based on my health, age, and other circumstances, what's the best dose to protect my health?

This study will use the power of PCORnet to seek answers to these questions and improve patient care and outcomes.

DATA



KNOWLEDGE



CARE



Identifying the aspirin dose that works best could prevent as many as

88,800

deaths per year worldwide